

CAST-IRON CORNBREAD

Prep Time: 10 min Cook Time: 25 min Cool Time: 5 min Yields 8 servings

1¹/₂ cup yellow cornmeal 1¹/₂ cup all-purpose flour 2 tbsp baking powder 2 tsp salt 1 cup half & half 4oz Corn Crusher 2 eggs 4 tbsp butter 2 tbsp golden sugar (optional)

(front)





- Add the 4 tablespoons of butter to the 10.25' cast-iron skillet.
- 2. Preheat cast-iron skillet with the butter in a 425°F oven until butter is fully melted and slightly toasted.
- 3. Blend all the dry ingredients together in a bowl. Set aside.
- Optional: If you'd prefer a sweeter cornbread with a muffin texture, add the granulated golden sugar to the dry ingredients.
- 4. Mix the wet ingredients in another bowl. 5. Once the skillet in the oven has been pre-heated and the butter is just starting to brown toast, pour the wet ingredients into the bowl with the dry ingredients and blend well.
- 6. Remove the hot skillet from the oven
- 7. Pour all the batter into the middle of the hot skillet and spread it as evenly as possible. The edges will bubble up from making contact with the hot butter.
- 8. Return the hot skillet with the batter to the 425°F oven and let bake for about 25 minutes or until the top becomes a toasted golden brown.
- 9. After 20-25 minutes, test the center with a knife or skewer. If the utensil comes out clean. proceed to the next step. If there is still some wet batter on your utensil, bake for 1-2 more minutes.
- 0. Remove the cornbread from the oven and let the cornbread cool for 5 min before serving.

(back)